



ATTENTION!

This SUP is no swimming aid, no water toy, no winter sports article and exclusively suitable for swimmers!

ACCORDING TO REGULATIONS USE

This SUP was developed for private use in the leisure sector. Inflate the SUP to a filling pressure of 0.7 bar (10 psi) to a maximum of 1 bar (15 psi). Do not store the SUP in temperatures above 40 degrees Celsius.

Range of use: Protected shore areas up to 150 m - for cruising in protected coastal waters, small bays, on small lakes, narrow rivers and canals.

Do not use in winds greater than 10 knots and/or with wave heights greater than 0.5 m.

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Never transport the SUP in an inflated state on vehicles!

Do not expose the SUP to direct sunlight or frost, the SUP may warp! (No temperatures above 40°C and below -5°C).

Protect the air pump with pressure gauge from shocks.



SYMBOLS USED

Notice the symbols attached to the product before using the SUP.



SAFETY INSTRUCTIONS

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Your prudence and self-assessment on the water is extremely important. Never overestimate your strength and steering skills! Always stay close to the shore!

ATTENTION!

Pay attention to the weather conditions, severe weather warnings or possible light signals!

ATTENTION!

Please always observe the safety rules and the applicable legal regulations for lakes and open waters!

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Wear a certified life jacket when you are on the water with the item.

- Notice the information on the type plate.
- When paddling, make sure that the weight is always evenly balanced on the SUP.
- The inflated SUP, the paddle and the fins are hard and may cause injury.
- Pay attention to bystanders when transporting the SUP.
- Pay attention to other people in the water when using the paddle.
- Wear a wetsuit when paddling in cooler temperatures.
- Familiarize yourself with the water before paddling.
- Make sure that someone on shore is informed about your tour and its conditions.
- It is recommended to use a life jacket or other life buoyancy aid.
- Pay attention to your water balance; carry a water bottle with you! You can attach a bag (or a cool bag) under the transport straps.
- Store your cell phone in a waterproof protective cover and carry an emergency whistle on your body and a flashlight on the board.
- Keep away from rapids, flotsam and other obstacles.
- Never use the SUP in offshore winds (wind blowing from land towards water) or in offshore currents (current carrying away from shore), you could drift!
- Always follow the local shipping regulations.
- Do not paddle when the tide changes or the waves are high.
- Never leave the SUP unattended on the water. It will drift away faster than it can be reached by swimming.
- Always make sure you have a paddle with you before using it, otherwise you will not be able to manoeuvre sufficiently.
- Note that the SUP consists of a single air chamber (except two-chamber SUPs). If this is damaged, the SUP loses its loadbearing capacity.
- Do not use the SUP if it leaks and loses air. Never use the SUP under the influence of alcohol, drugs or medication.
- Never overestimate your strength and divide your muscle power when paddling in such a way that the distance covered can be paddled back again without difficulty.

AVOIDANCE OF MATERIAL DAMAGE

- Do not carry sharp or pointed objects.
- Protect the SUP from contact with questionable liquids or acids. This can cause irreparable damage.
- Protect the SUP from heat and fire! Be careful with glowing cigarettes.
- Do not store the SUP in closed vehicles/ caravans/boats, etc. and never in temperatures above 40°C, otherwise deformations may occur.
- Make sure that you do not touch stony surfaces to avoid damaging the SUP
- Do not make any technical changes to the SUP. Changes of any kind endanger the driving operation and lead to the expiration of the warranty.
- All inflatable articles are sensitive to cold. Therefore, never unfold and inflate the article below a temperature of 15° C (59° F)!
- If the air pressure increases in the blazing sun, it must be compensated by deflating the air accordingly. Open the valve and release some air if the pressure is above 1 bar (15 psi). Close the valve tightly afterwards.

- Only insert suitable pump adapters into the safety valves. Otherwise, the valves could be damaged.
- Do not inflate too hard, otherwise there is a risk of the weld seams tearing open.
- Do not use a compressor or compressed air bottle to inflate the SUP. This can cause damage.
- Rinse the SUP with fresh water after use to prevent damage to the salt crystals.
- Only roll up the SUP when it's completely dry, otherwise bubbles may form on the EVA-pad (which is not classified as a reason for reclamation).

You can find our SUP instructions here:

<https://www.f2boards.com/media/doc/1701955bbb2b7d47c3aff6d33d6ace28/manual-f2-sup-multilanguage.pdf>

Contact:

F2 FUN & FUNCTION GMBH
Schleizer Strasse 105
D-95028 Hof

Telefon: +49 9281 - 84009-50
Telefax: +49 9281 - 83314-59

E-Mail: info@f2boards.com
Web: www.f2boards.com